

Angel Berry Trifle

Serves: 12

Ingredients:

- 1 oz. instant sugar free vanilla pudding (1 package)
- 1 1/2 cups milk
- 1 cup vanilla yogurt
- 6 oz. cream cheese
- 1/2 cup sour cream
- 12 oz. whipped cream
- 1 angel food cake prepared and cut into cubes
- 2 cups strawberries
- 2 cups raspberries
- 2 cups blackberries

Instructions:

- In your mixer whisk the milk and pudding mix together for a couple of minutes or until firm. Pour into another bowl and set aside.
- In the bowl of your mixer add yogurt, cream cheese and sour cream and beat until smooth.
- Fold in pudding and 1 cup of the whipped topping.
- Place a third of the angel food cake cubes in a 4 quart trifle bowl. Top with a third of the layers once. Top with remaining cake, pudding and berries.
- Serve immediately or refrigerate.