

Greens with Pears and Blue Cheese

Serves: 6

Ingredients:

- 3 tbsp. orange juice
- 2 tbsp. plus 1 tsp. cider vinegar
- 4 1/2 tsp. fat-free mayonnaise
- 1 tbsp. honey
- 2 1/4 tsp. lemon juice
- 2 1/4 tsp. olive oil
- 1/4 tsp. salt
- 1/4 tsp. ground pepper
- 12 cups spring mix salad greens
- 3 medium pears, thinly sliced
- 1/3 cup crumbled blue cheese
- 1/3 cup chopped walnuts, toasted

Instructions:

- For dressing, in a small bowl, whisk the first eight ingredients. On each salad plate, arrange 2 cups of greens, half of a pear and about 1 tbsp. each of blue cheese and walnuts. Drizzle each with 2 tbsp. dressing.