

## Parmesan Chicken Sheet Pan Dinner

Serves: 4-6

### Ingredients:

- 1 lb. boneless-skinless chicken tenders
- 1 lb. asparagus
- 1 lb. fingerling potatoes
- 1 cup grape tomatoes
- 1/4 cup Italian breadcrumbs
- 1 cup parmesan cheese
- 1/4 cup olive oil
- Salt & pepper to taste

### Instructions:

- Preheat the oven to 400 degrees.
- Arrange chicken on sheet pan, pound chicken with meat tenderizer.
- Boil potatoes for 5 minutes, and add to the sheet pan.
- Add asparagus.
- Sprinkle the entire pan with parmesan cheese, salt, pepper and olive oil.
- Add Italian seasoning to chicken, and any other component of the dish you please.
- Add tomatoes.
- Bake for 30 minutes at 400 degrees. Remove from oven and serve.