

## Sautéed Squash and Onions

Serves: 8

### Ingredients:

- 2 tbsp. olive oil
- 1 large bunch green onions, chopped
- 1 lb. yellow squash, cut in medium dice
- 1 lb. zucchini, cut in medium dice
- Salt and pepper to taste

### Instructions:

- Heat a large skillet or stir fry pan.
- Add the olive oil and heat slightly.
- Add the onions and sauté 3-4 minutes.
- Add the yellow squash and zucchini and cook, stirring frequently until the vegetables soften.
- Add salt and pepper; start with  $\frac{1}{2}$  tsp. of each.
- Cook until desired doneness.
- Adjust salt and pepper to taste.